

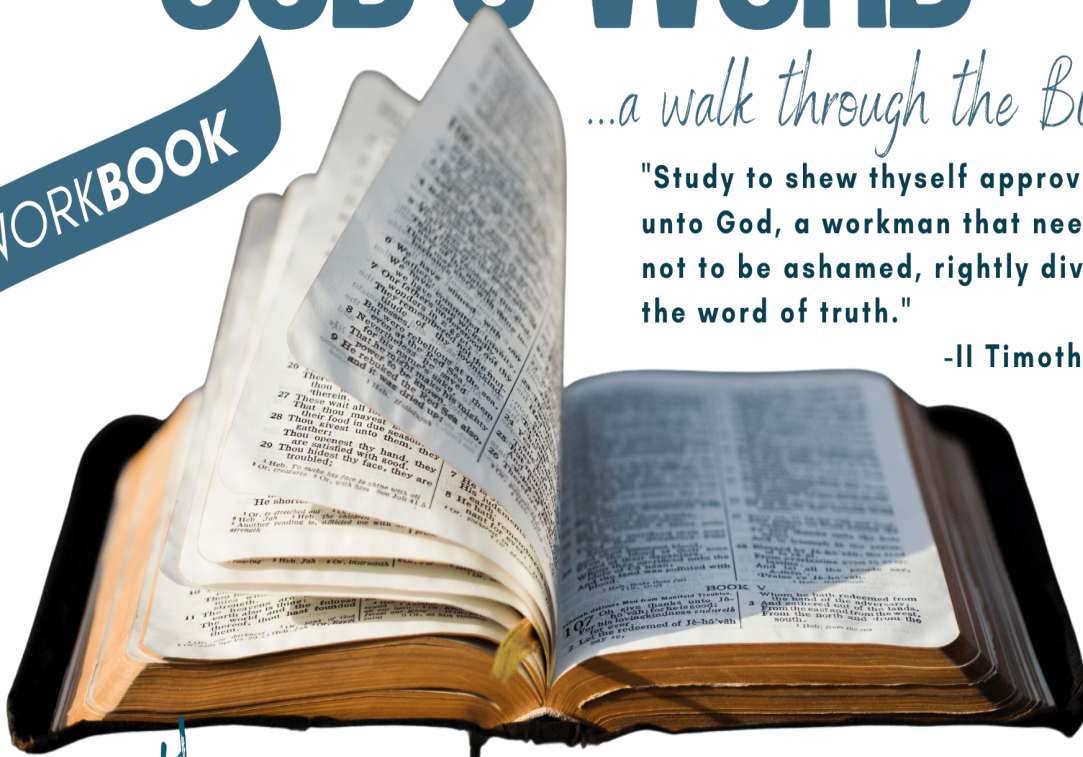
EXPLORING GOD'S WORD

WORKBOOK

...a walk through the Bible

"Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth."

-II Timothy 2:15



with Elder FRANCINE WESTGATE

LESSON 2

I: CAIN & ABEL – GENESIS 4

A BLOOD SACRIFICE PATTERN

“And in process of time it came to pass, that Cain brought of the fruit of the ground an offering unto the LORD. And Abel, he also brought the firstlings of his flock and of the fat thereof. And the LORD had respect unto Abel and to his offering. But unto Cain and to his offering he had not respect. And Cain was very wroth, and his countenance fell.”

-Genesis 4:3-5



CAIN AND ABEL



LESSON 2 - CHART 1

1. Adam and Eve were exiled, and Cain and Abel were born into exile. Write the definition of exile below?

2. In what ways were Adam, Eve, Cain, and Abel physically exiled?

3. In what ways were they emotionally exiled?

4. In what ways were they spiritually exiled?

5. In what ways were they relationally exiled?

6. Read Romans 5:12-18 - How was/is Adam's *sin* transgenerational?

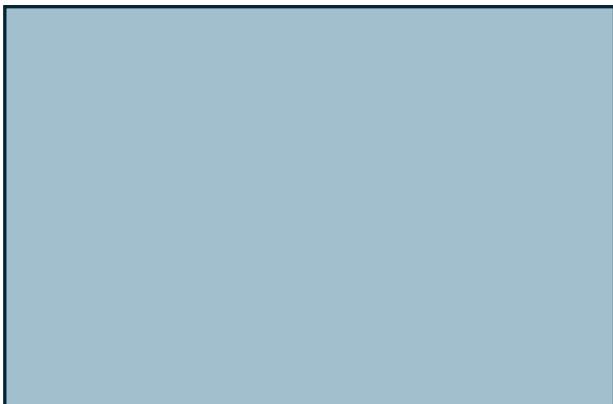
Like all the characters in the Bible, their stories are our stories. The question isn't whether it happened, it's whether it *still* happens. And yes, it does, *still* happen that is. We've all been in Adam and Eve's shoes, choosing our own will over the will of God.

7. How is the first families' story your story?

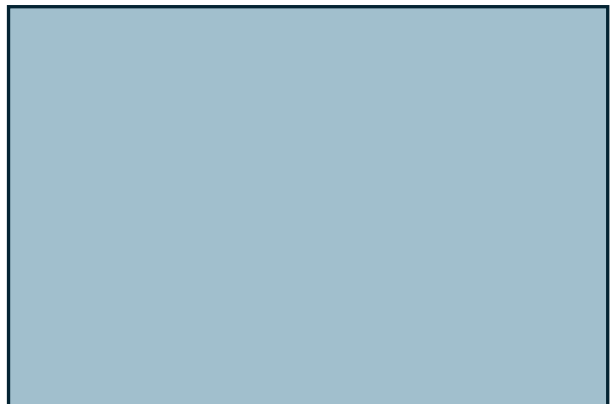
8. In what ways have you experienced exile? (Physically, Emotionally, Spiritually, Relationally):

In the box below, write the offerings Cain and Abel brought? (Genesis 4:1-4)

ABEL'S OFFERING



CAIN'S OFFERING



Five Sacrificial Offerings:

In the writings of Moses, there are 5 sacrificial offerings listed in the first three chapters of Leviticus,⁴⁴ which are:

1. *Olah* – burnt offering
2. *Minchah* – grain offering
3. *Zevach shelamim* – peace offering
4. ***Chattat* –sin offering**
5. *Asham* –guilt offering

The first three offerings mentioned above represent the offerings of **Joy, Peace, and Contentment**. These were not required to bring to the burnt altar of sacrifice. However, the last two offerings: *chattat* and *asham*, which is the sin offering and guilt offering, were required. The *chattat* and *asham* were offerings that were brought to the altar of burnt sacrifice to restore relationship. (We see this in practice in Matthew chapter 5 and chapter 18)

Write the Hebrew name of the offerings that represent **joy, peace, and contentment** in the boxes:

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Write the Hebrew name of the offerings that represent **guilt** and **shame** in the boxes below:

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II. SECOND APPEAL

A SECOND APPEAL

"If thou doest well, shalt thou not be accepted? and if thou doest not well, **sin lieth at the door**. And unto thee shall be his desire, and thou shalt rule over him."
-Genesis 4:7

CHATTAT

"If thou doest right, shalt thou not be accepted? And if thou doest not right, **chattat croucheth at the petach**. And unto thee shall be its teshukah (desire), and thou must rule over it."
-Genesis 4:7 (OJB)

Chattat means sin

LESSON 2 - CHART 2

Bringing the right offering:

Write Genesis 4:7 below:

Anger Escalates:

1. How would you say that anger escalated in the story of Cain and Abel?

Write some examples of when anger escalated with you:

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____

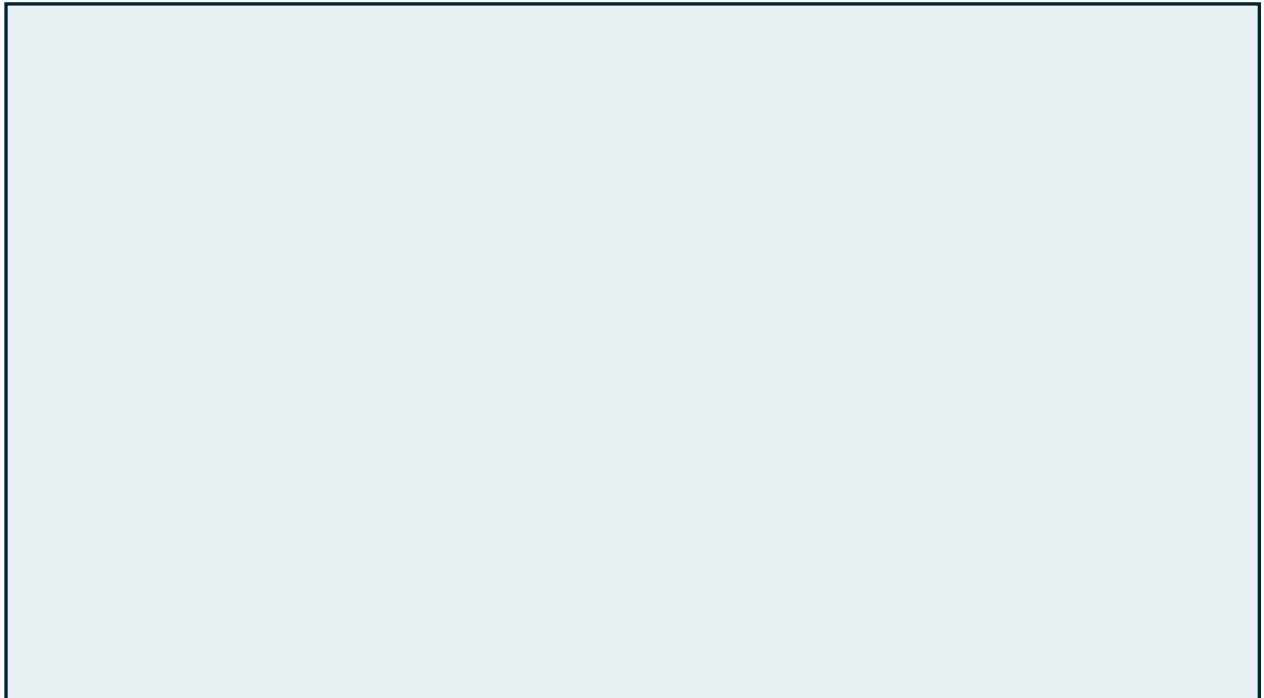
2. Looking back, what would you DO differently?

3. Were there any long-term consequences of your anger?

4. What is the Hebrew word for sin?

- a. Chen
- b. Allasso
- c. Chattat

The words “Sin lieth at the door” in the Orthodox Jewish Bible reads: “*Chattat croucheth at the petach.*” What picture comes to mind? Draw the picture in the box below.



FILL IN THE BLANKS: (I Peter 5:8 KJV)

“The _____ is like a _____ lion, _____
about, _____ whom he may _____.” – I Peter 5:8

III. WHICH LION DO YOU CHOOSE?

TWO LIONS IN SCRIPTURE

JESUS

DEVIL

Revelation 5:5 | I Peter 5:8

WHICH LION DO YOU CHOOSE?

LESSON 2- CHART 3

Sin-offering - Chattat

The same word used for *sin* in the Hebrew is also used for *sin-offering*.⁴⁶ The words ‘sin lieth at the door’ can be translated “*a sin-offering croucheth at the door.*”

1. What lion is mentioned in I Peter 5:8? _____

The good news is— There’s another Lion in the picture, and this One’s from the tribe of Judah! Write out Revelation 5:5 below:

2. What’s the name of the Lion in Revelation 5:5? _____

Now write out Romans 5:20 below:

Romans 5:20 is a beautiful picture of the Lion of the tribe of Judah—Jesus—defeating our adversary the devil and taking back the keys to death and the grave which were stolen in the garden. To put it plainly, God allowed for Cain to decide which lion he wanted to pounce—grace or sin. The Scripture is clear which one Cain chose.

FILL IN THE BLANKS: (Genesis 4:8-10 KJV)

And _____ talked with _____ his brother: and it came to pass, when they were in the _____, that Cain _____ up against Abel his _____, and slew him.⁹ And the LORD _____ unto Cain, Where is _____ l thy _____? And he said, I know _____: Am I my brother's _____?¹⁰ And he said, What hast thou _____? the _____ of thy _____ blood _____h unto me from the _____.

- 3. What did Cain do to Abel his brother?

- 4. Why was Cain angry?

- 5. What does Genesis 4:15 say that God put on Cain?
 - a. Clothes
 - b. a blessing
 - c. a mark

- 6. How could this have turned out differently had Cain brought the right offering, when God made an appeal to do so?

Anne Frank wrote in her diary, “Our lives are fashioned by our choices. First we make our choices. Then our choices make us.”

In your own words, what do Anne Frank’s words mean?

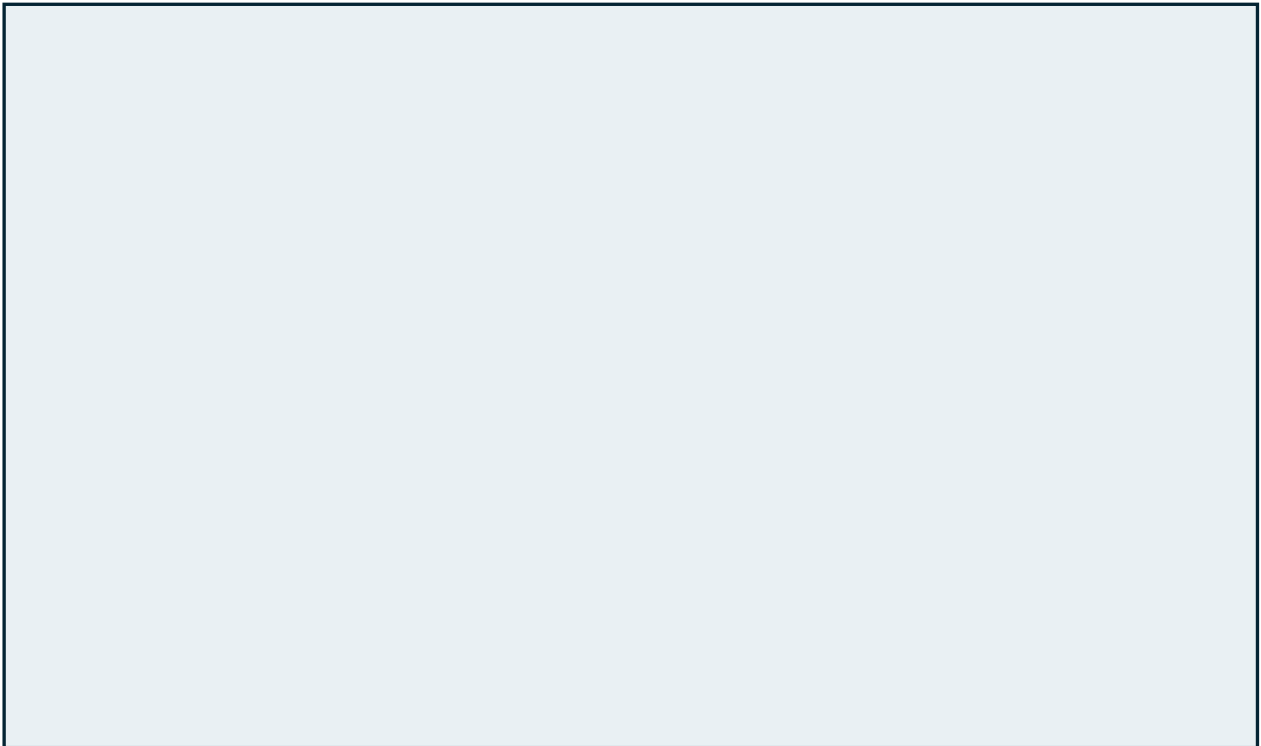
Cain and Abel were born in exile. And because Cain made the choice to kill Abel, he was exiled from his already exiled life. Cain was doubly exiled. What does **doubly exiled** look like to you?

7. Who are you when you get hurt?

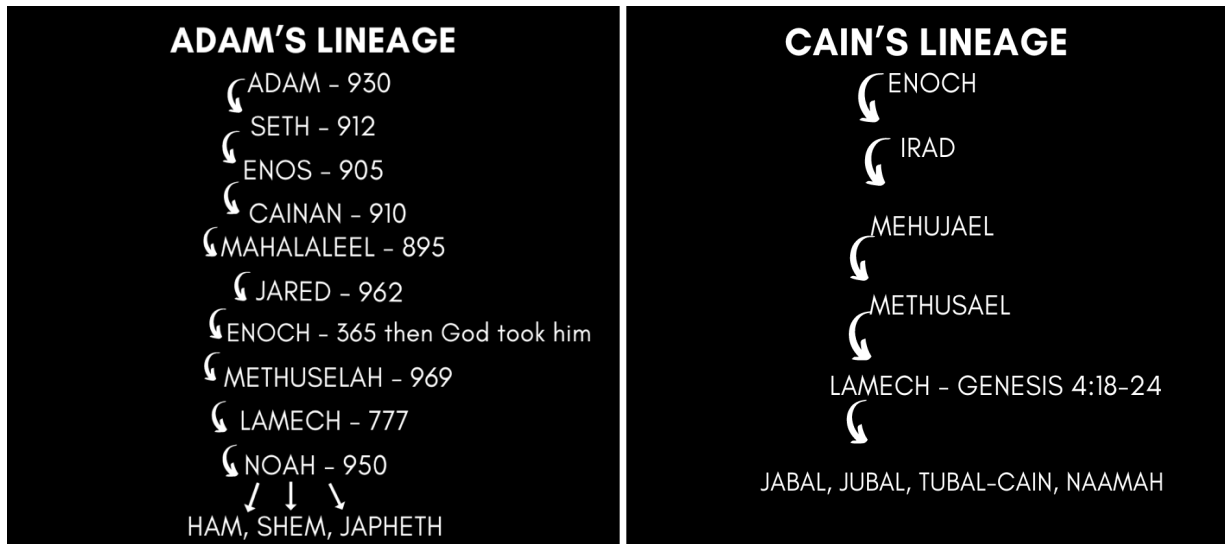
8. In what ways is Cain's story your story?

9. What regrets do you have because of anger?

Draw a picture of which lion you will choose to pounce the **next time** you get hurt or angry— Peace or Chaos:



LINEAGE



10. What can you derive from looking at the numbers above in Adam's lineage? For example: Lamech, Noah's father, lived 777 years. What does that tell you about him?


11. Eight means *new beginning*. Lamech was the eighth-generation descendant of Adam— What does that tell you about Noah?

12. What is so special about Enoch? Why doesn't the Bible tell us how many years he lived?

13. What is so special about Methuselah's name? What does that have to do with the flood?

14. What did evil Lamech (Cain's lineage) do? Read: Genesis 4:23-24.

IV: NOAH FOUND GRACE

<p>NOACH</p> <p>ח נ</p> <p>NUN CHET 50 8 LIFE FENCE, FISH WALL</p>	<p>PREACHER OF RIGHTEOUSNESS</p> <p>"Noah found grace in the eyes of the LORD."</p> <p>- Genesis 6:8</p> <p>"Make the an ark of gopher wood; rooms shalt thou make in the ark, and shalt pitch it within and without with pitch."</p> <p>- Genesis 6:14</p> <p>"Thus also faith by itself, if it does not have works, is dead."</p> <p>- James 2:17</p>	
<p>REST & COMFORTER</p>		
<p>LESSON 2 - CHART 4</p>		

Judgement on Mankind— Genesis 6:1-7

The Bible doesn't provide the meaning of "Sons of God" or "Daughters of men" mentioned in first seven verses of Genesis chapter six. The main school of thought is that "Sons of God" represent "Fallen angels" or "the godly line of Seth." While "Daughters of men" represent the "earthly women that the fallen angels took as wives" or "daughters from the lineage of Cain."

1. What do you think the "Sons of God" and "Daughters of men" means in Genesis 6:1-7?
2. What expiration date did God give Noah concerning mankind? _____
3. Draw a picture of the two Hebrew letters that spell the name Noah.

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4. What does the name Noah mean? _____ and _____

5. What is the numeric value of the letter *Nun*? And what does it mean?

6. What is the numeric value of the letter *Chet*? And what does it mean?

7. How is Noah a typology of Christ? Write your answer in the box below:

In John 14:18, the Greek word for Comforter is *orphanos*, which means, “Orphan, fatherless, and abandoned.” Who was Jesus telling that “He would not leave them fatherless or as orphans?”

Write John 14:26 below:

8. According to the verse above, what name did Jesus say the Comforter/Holy Ghost was going to come in? _____

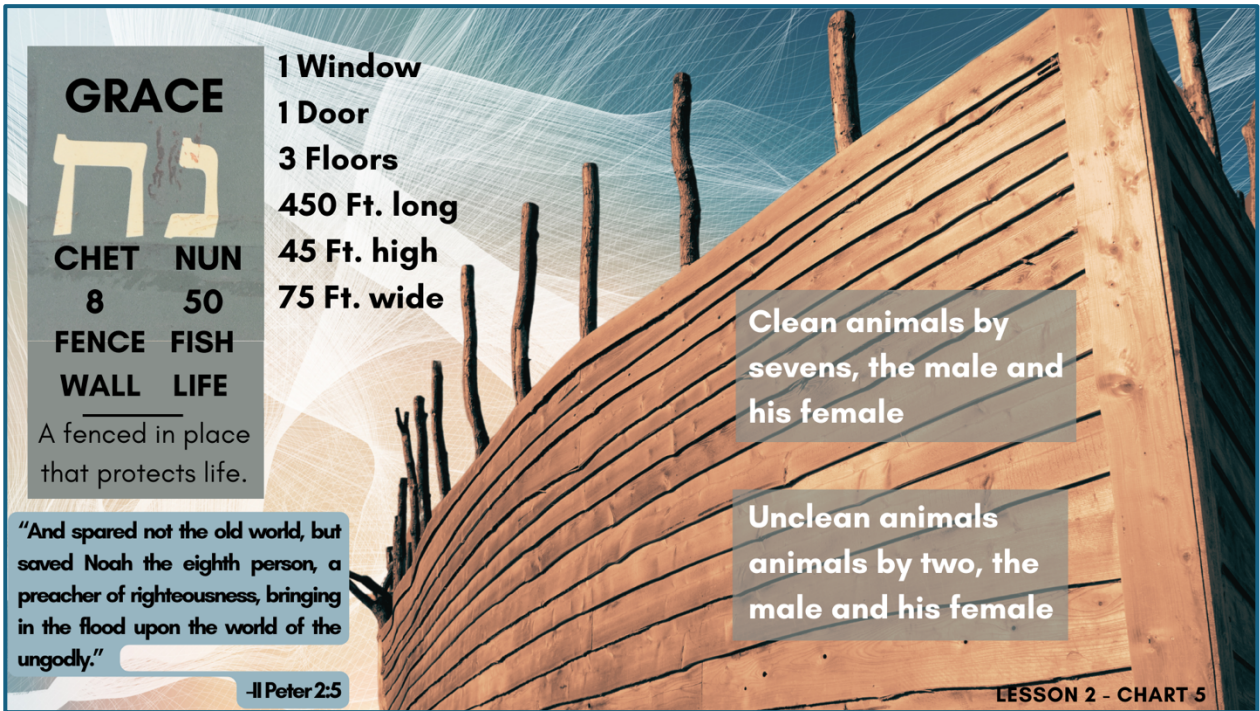
9. Read Malachi 2:10. How many fathers are there? _____

10. Who does the Prophet Isaiah say the Father is in Isaiah 9:6?

11. Read Matthew 28:19. The word “name” is singular.

- a. What is the name of the Father? (Isaiah 9:6)
- b. What is the name of the Holy Ghost? (John 14:26)
- c. What is the name of the Son? (Matthew 1:21)

V: THE ARK



GRACE

נח

CHET NUN
8 50
FENCE FISH
WALL LIFE

A fenced in place that protects life.

1 Window
1 Door
3 Floors
450 Ft. long
45 Ft. high
75 Ft. wide

Clean animals by sevens, the male and his female

Unclean animals animals by two, the male and his female

"And spared not the old world, but saved Noah the eighth person, a preacher of righteousness, bringing in the flood upon the world of the ungodly."
-II Peter 2:5

LESSON 2 - CHART 5

Noah Found Grace in the Eyes of the LORD – Genesis 6:8-9

In the Tanakh, the word for grace is *chen*. The root word for *chen* is *channah*. It is an action-oriented word. The ark that Noah built was a physical/tangible/tactile representation of GRACE.

1. In your own words, what does grace mean?

The two Hebrew letters that make up Noah's name also spell **grace** when reversed— **Chet** and **Nun**. Noah is a mirror, a reflection of grace. The word *chen* (grace) means a fenced in, walled in place that protects life— which is what the ark was, a fenced in, walled in place, that protected life— human life, animal life, plant life, etc. Some other examples of grace be in action in the Tanakh are the pillar of fire by night, the cloud by day, and the provision of manna.

From the above paragraph, write the Old Testament definition of *chen* or grace.

The Ark

2. *Tzohar* is the word for window. The word *tzohar* means, “Something that shines.” How many windows did the ark have? _____

2. How many doors did the ark have? _____

3. Who is the Door? (Read [John 10:9](#)) _____

Write out John 12:32 below:

4. How does John 12:32 parallel to Christ?

Pitch it Within and Without

The word for pitch in the Hebrew is the word *kaphar*. It means, atonement.

5. Why do you think God told Noah to pitch the ark within and without?

6. How does that have to do with us in a spiritual sense?

FILL IN THE BLANKS: (Isaiah 53:5 KJV)

*But he was _____ for our _____, he was _____ for
our _____: the chastisement of our _____ was upon him;
and with his _____ we are _____.*

Transgressions and iniquities are not the same thing. One is inward and one is outward. A **transgression** has to do with an intentional violation of trust and is considered an **outward** sin or *a wound*. While **iniquity** refers to the deceitfulness of a person’s heart and is considered an **inward** sin or *a bruise*.

In the above paragraph, what is the difference between transgressions and iniquities?

VI: NOAH SENT FORTH THE DOVE

<p>God remembered?</p> <ul style="list-style-type: none">• Genesis 8:1 <p>Manifestation</p> <ul style="list-style-type: none">• Genesis 18:1, Genesis 32:30, Exodus 13:21-22 <p>Dove represents Spirit in the Scriptures</p> <ul style="list-style-type: none">• John 1:32, Matthew 3:16 <p>Noah sent out the dove three times</p> <ul style="list-style-type: none">• Genesis 8:8-12	<p>GOD REMEMBERED</p>  <p>LESSON 2 - CHART 6</p>
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The Spirit of God

1. What does Matthew say about the dove in Matthew 3:16?

2. What does John say about the dove in John 1:32?

3. What does Solomon say about the dove in Song of Solomon 2:14?

4. What does Paul say about the dove in I Corinthians 10:4?

5. In Genesis 8, how many times did Noah send forth the dove? _____

6. In Genesis 8, what did the dove bring back to the ark the second time? _____

7. In Genesis 8, how many days apart was the dove sent out? _____

After the flood, Noah sent forth the dove three times to see if it could find any dry land. The dove returned to the ark the first two times, because there was nowhere for the sole of its foot to rest, but on the third time it no more returned. Although the Spirit of God appeared to Abraham, Moses, and Jacob; His Spirit could not permanently dwell with them, because, like the dove; the Spirit had no sure resting place. The eternal resting place of ‘the Dove’ became the body of His Son.

8. Read the above paragraph: The eternal resting place of the Dove is what? _____

9. Reread Song of Solomon 2:14. Where did the dove hide? _____


10. Who is the Rock in the New Testament? (I Cor. 10:4) _____

FILL IN THE BLANKS: (II Cor. 5:19 KJV)

To wit, that _____ was in _____, reconciling the world unto _____, not imputing their _____ unto them; and hath _____ unto us the word of _____.

NOTES: _____

VII: THE VINEYARD

Noah built an altar	Noah planted a vineyard
	
NOAH THE EIGHTH PERSON	John 3:1-8, Acts, John 7:37-39
LESSON 2 - CHART 7	

New Beginnings – Genesis 8

God remembered Noah— the eighth person saved by water and sent a wind to assuage the waters. The number eight means *new beginnings*. Genesis 8:4 says that the ark rested in the seventh month, **on the seventeenth day of the month**, upon the mountains of Ararat. Why does the writer time stamp when the ark landed on Mount Ararat? Remember when the writer dog ears, time stamps, or adds a peculiar detail, we should be asking ourselves, “What is it there for?”

Write out Genesis 8:8 in the box below:

1. In the above paragraph, circle the day that the ark landed on Mount Ararat.

The day the ark landed on Mount Ararat is significant because in Exodus 12:1-2, the Lord changed the Israelite's calendar: *While the Israelites were still in the land of Egypt, the LORD gave the following instructions to Moses and Aaron:* ² “From now on, this month will be the first month of the year for you.

2. In the above Scripture, circle the instructions the LORD gave Moses and Aaron.

What had been the 7th month (called Tishri) since creation was now the 1st month (called Nisan). To this day the Jewish people have two calendars they use— the civil calendar and the religious calendar. On the 17th day of the 7th month, when the ark rested on mount Ararat, according to the Jewish religious calendar, is exactly the same day as Nisan 17, when Jesus rose from the dead, when the Israelites crossed through the Red Sea, when Haman was hung on the gallows that he made for the Jewish people, and when the Jewish people no longer had manna to sustain them but ate of the grain of the promised land.

Read the paragraph above and answer the questions below:

1. What is the 7th month called? _____
2. What is the 1st Month called? _____
3. What two types of calendars do the Jewish people use?
 - a. _____
 - b. _____
4. From the paragraph above, list some significant things that happened in history on the day that the ark landed on Mount Ararat (same day, different year):
 - a. _____
 - b. _____
 - c. _____
 - d. _____

Noah Built an Altar – Genesis 8:16-18

Noah builds an altar unto the LORD; and takes of every clean beast, and of every clean fowl, and offers burnt offerings on the altar. That's A LOT of burnt offerings, and not to mention, a bloody mess--literally! *How long did that take him?* I wonder. And to think, we get impatient at stop lights. For Noah to know what animals were clean and unclean to bring into the ark, and for him to know which animals were clean and unclean for the offering, means that the concept of kosher and non-kosher was established long before Moses. The same was with the blood sacrifice, dating back to Cain and Abel.

5. How do you think Noah knew what the difference was before kosher and unkosher or clean and unclean animals?

Noah Planted a Vineyard

After the ark landed, Noah built an altar, and then he planted a vineyard. Noah is a prototype of Christ. The ark is also a prototype of Christ. Everything in the Old Testament points to Christ in the New Testament— It is interconnected. Noah, whose name means *rest* and *comforter*, builds an ark,

then builds an altar, and then plants a vineyard. In the Bible, **wine** is symbolic of the outpouring of the Holy Spirit. See Acts chapter 2:13-17 below.

Write out Acts 2:13 below:

FILL IN THE BLANKS: (ACTS 2:16-17 KJV)

But this is that which was _____ by the prophet _____;¹⁷ And it shall come to pass in the _____ days, saith God, I will _____ out of my _____ upon all flesh: and your _____ and your _____ shall prophesy, and your _____ men shall see visions, and your _____ men shall dream dreams:

The Day of Pentecost, in Acts chapter 2, is the birthday of the New Testament church, i.e., new beginning or newness of life. It's the coming together of all people groups. The God of the Jewish people is no longer the God of a particular people group but to all people groups. Acts 2:8-11: *And how hear we every man in our own tongue, wherein we were born? ⁹ Parthians, and Medes, and Elamites, and the dwellers in Mesopotamia, and in Judaea, and Cappadocia, in Pontus, and Asia,¹⁰ Phrygia, and Pamphylia, in Egypt, and in the parts of Libya about Cyrene, and strangers of Rome, Jews and proselytes,¹¹ Cretes and Arabians, we do hear them speak in our tongues the wonderful works of God.*

6. Rad the paragraph above. What is the Birthday of the New Testament church?

The Number 120 – The Spirit in Action

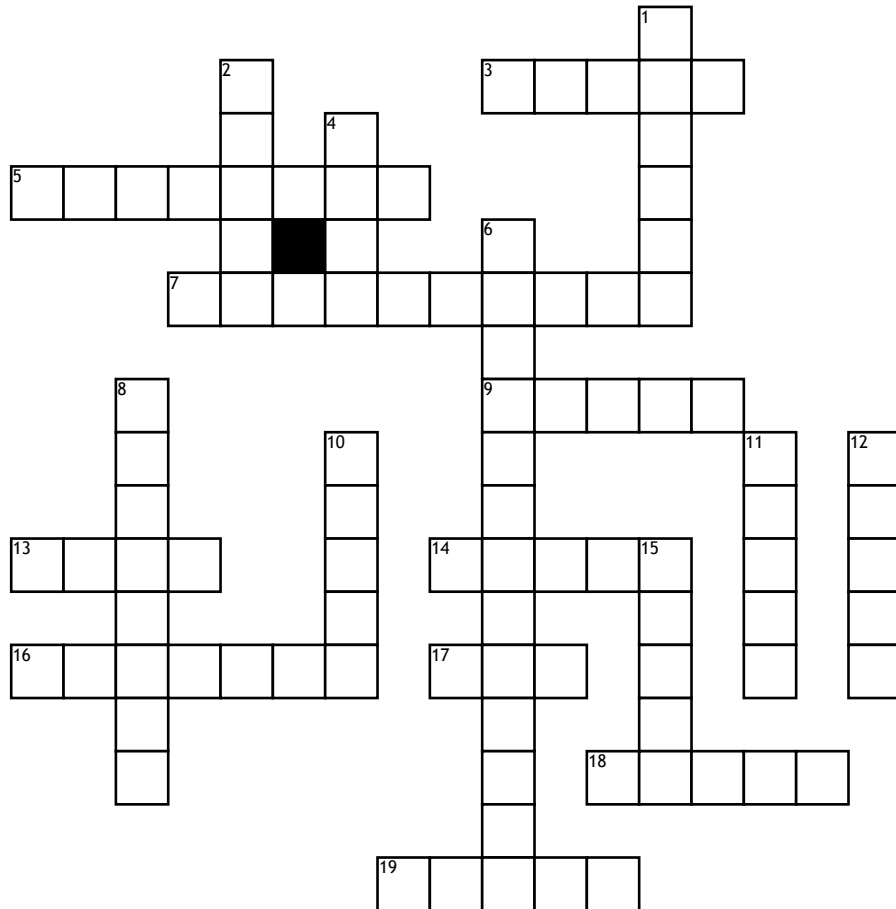
The Word of God is Divinely inspired, and Moses, the writer included the detail “120” for a reason. Therefore, we should be asking ourselves, “What is it there for?” and “Where else have I seen this?”

Write out Genesis 6:3 below:

The writer of Acts wants us to trace back the 120 in the **upper** room to Noah, the eighth person, when the ark was lifted **up** above the waters. In your own words, explain the connection.

Name: _____ Date: _____

Review



Across

- 3. What did Noah build after getting off the ark?
- 5. What is the Greek word for Comforter?
- 7. Whose name means "Judgement"?
- 9. What offering did Abel bring?
- 13. Who did Cain kill?
- 14. What is the numeric value of chet?

- 16. What is the Hebrew word for sin-offering?
- 17. How many doors did the ark have?
- 18. What lion is mentioned in I Peter 5:8?
- 19. Who is the Lion of the tribe of Judah?

Down

- 1. Who lived 777 years?
- 2. What does chen mean?
- 4. Who built the ark?

- 6. What does 'eight' represent in the Hebrew?
- 8. What did Noah plant after the flood?
- 10. What offering did gain bring?
- 11. How many days did it rain?
- 12. What is the numeric value of nun?
- 15. How many times was the dove sent out?

Name: _____ Date: _____

Lesson 2: Word Scramble

1. EACGR _____
2. ANHO _____
3. EALB _____
4. ATHTACT _____
5. TRFUI _____
6. LODBO _____
7. JESUS _____
8. VLEDI _____
9. HEULTHSEAM _____
10. HALMCE _____
11. EON _____
12. YTFIF _____
13. IEGHT _____
14. WEN BIINGNSEGN _____
15. RONOASPH _____
16. ETEHR _____
17. FYTRO _____
18. DVINYREA _____
19. LRAAT _____